

# Microblading Aftercare

Please follow this aftercare for the first 7 – 10 days following your treatment. This is necessary to achieve the best healed results possible.

## During the next 7 days it is normal occurrence to experience:

Tenderness, redness, blanching and or swelling

## For the first 5 days

The brow must be untouched and left completely dry

## On the evening of Day 5

Use coconut oil balm, always wash your hands before starting the following:

1. Dip 2 clean cotton wool pads into your coconut balm
2. Apply the oil soaked pads to the brows in a very soft circular motion without applying too much pressure
3. Repeat this process once daily after day 5 until all of the scabs have been removed

## Important Information

Do not get water on the brows until all scabs have exfoliated

Do not pick or pull at the treated area

Keep your hair away from your brows

Avoid the gym for at least 10 days after the procedure

Avoid smoking for 10 days after the procedure

Try to sleep on your back during the healing process

Please do not miss your 6 week top up appointment.